

OCCUPATIONAL THERAPY EVALUATION OF ADL ABILITY

Results and Interpretation of an Assessment of Motor and Process Skills (AMPS) Evaluation

Therapist: Anne G. Fisher, ScD, OTR, FAOTA

Client: Virginia S.

Age: 74

Date of Evaluation: 07/23/1994

AMPS EVALUATION

The Assessment of Motor and Process Skills (AMPS) was administered to Virginia S. as a means of evaluating her ability to perform activities of daily living (ADL) tasks. As part of the AMPS assessment, the occupational therapist conducted an interview to gain a better understanding of the everyday tasks (occupations) that have been presenting a challenge for her, as well as those everyday tasks that she has been performing with little difficulty. She was offered a choice of familiar and relevant tasks that she had identified as presenting problems in everyday life. She chose to perform 2 of the tasks that were offered: "Luncheon meat or cheese sandwich", and "Folding a basket of laundry." When the AMPS was administered, the occupational therapist assessed the amount of effort, independence, efficiency, and safety that she exhibited during the performance of these tasks.

OVERALL QUALITY OF PERFORMANCE

Virginia showed evidence of safe, markedly effortful, and minimally inefficient ADL task performance and she needed no assistance to complete the 2 ADL tasks.

SPECIFIC SKILLS THAT MOST IMPACTED PERFORMANCE

More specifically, Virginia's performance of the above noted ADL tasks was limited by:

- Increased effort when reaching for or placing task objects (Reaches)
- Increased effort propelling the wheelchair (Moves)
- Increased effort when lifting task objects (Lifts)
- Difficulty completing tasks without obvious evidence of physical fatigue (Endures)
- Pausing during actions or task steps, delaying task progression (Continues)
- Delaying or failing to gather task items into workspaces (Gathers)
- Failing to notice and respond to the action or placement of task objects (Notices/Responds)
- Difficulty locking or unlocking wheelchair brakes; and delay moving to a more appropriate workspace, inappropriate use of more than one workspace, or delay to go get task tools/materials when problems arise (Adjusts)
- Decreased skill accommodating for and preventing problems from occurring, and problems persisted or recurred during task performances (Accommodates and Benefits)

OVERALL ADL MOTOR ABILITY

ADL motor ability is an overall measure of a person's observed skill when moving oneself or task objects as needed for ADL task performance. Virginia's ADL motor ability measure of -0.93 logits is plotted in relationship to the AMPS motor cutoff measure on the AMPS Graphic Report. Her ADL motor ability is below the AMPS motor cutoff. This indicates that she has increased effort when she performs ADL tasks. To put this in perspective, approximately 95% of well, healthy persons of Virginia's age have ADL motor ability measures between 1.07 and 3.27 logits. This indicates that her ADL motor performance is lower than age expectations.

OVERALL ADL PROCESS ABILITY

ADL process ability is a global measure of a person's observed skill in efficiently (a) selecting, interacting with, and using task tools and materials; (b) carrying out individual task actions and steps; and (c) modifying task performance when problems are encountered. On the AMPS Graphic Report, Virginia's ADL process ability measure of 0.11 logits is below AMPS process scale cutoff. This indicates that she is experiencing decreased safety, independence and/or efficiency when she performs familiar ADL tasks. As a basis for comparison, 95% of well, healthy persons of Virginia's age have ADL process ability measures between 0.59 and 2.55 logits, thus her ADL process ability measure is lower than age expectations.

SUMMARY OF MAIN FINDINGS

- Virginia's ADL motor and ADL process ability measures are both below the AMPS cutoffs and below age expectations, indicating that she is experiencing increased effort, decreased efficiency, decreased safety, and/or the need for assistance when performing chosen, familiar, and life relevant ADL tasks.

Occupational therapy services may be indicated to enhance and/or prevent further decline of Virginia's ADL task performance.

If there are any questions regarding this evaluation, please do not hesitate to contact me.

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